

# GLOBAL HAND HYGIENE DAY

5<sup>th</sup> MAY 2020



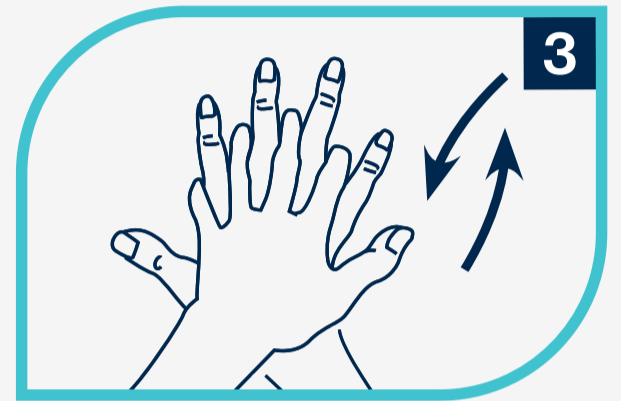
## HOW TO WASH OR SANITISE YOUR HANDS **CORRECTLY**



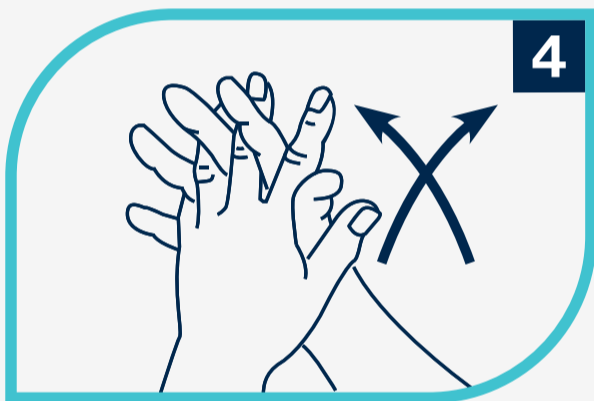
Apply soap or sanitizer to hands.



Rub both hands palm to palm.



Lather the back of your hands.



Scrub between your fingers.



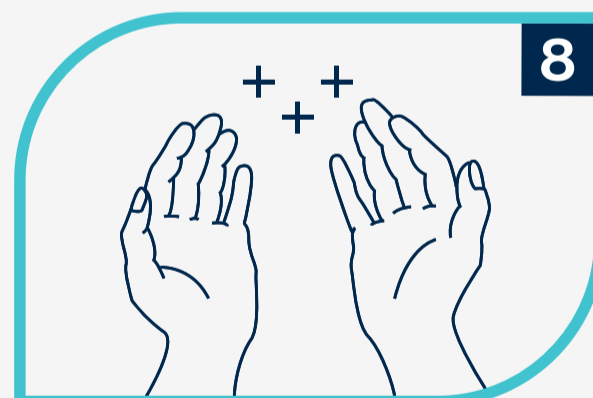
Rub back of fingers on opposite palms.



Clean thumbs on back of hands.



Rub fingernails and fingertips.



Your hands are now sanitised.



Duration of the entire procedure: 20 - 30 sec.

**DID YOU KNOW: 62% of people fail to rub hands, palms and between fingers when washing hands!**

Global Hand Hygiene Day was established by the World Health Organisation (WHO) to spread awareness of the importance of hand hygiene to help prevent the spread of germs and to 'bring people together' in support of hand hygiene improvement globally. Help keep your community safe and spread the word - Hands, Hygiene, Health!

Need Hand Sanitising Units? Visit [sanistation.co](http://sanistation.co) or get in touch at [sales@sanistation.co](mailto:sales@sanistation.co).